

PACIFIC NORTHWEST NEUROLOGY  
7502 LAKEWOOD DR, W #C7  
LAKEWOOD, WA 98499

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PATIENT MEDICAL HISTORY

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_ SSN: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY/ZIP: \_\_\_\_\_

PHONE: (H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_ FULL TIME ( ) PART TIME ( ) RETIRED ( ) NOT WORKING ( )  
STUDENT: FULL TIME ( ) PART TIME ( ) NONE ( )

**SOCIAL:**

MARITAL STATUS \_\_\_\_\_ SPOUSE'S NAME \_\_\_\_\_

SPOUSE'S DOB: \_\_\_\_\_

**HEALTH HABITS:**

DO YOU SMOKE? \_\_\_\_\_ HAVE YOU EVER SMOKED: \_\_\_\_\_

HOW MUCH \_\_\_\_\_ HOW MANY YEARS? \_\_\_\_\_

CAFFEINE INTAKE: COFFEE \_\_\_\_\_ TEA \_\_\_\_\_ COLA \_\_\_\_\_ CUPS/DAY \_\_\_\_\_

DO YOU DRINK ALCOHOL? \_\_\_\_\_

HAVE YOU EVER..... FELT NEED TO CUT DOWN ON ALCOHOL? YES NO  
ANNOYED BY CRITICISM OF DRINKING? YES NO  
HAD GUILTY FEELINGS ABOUT DRINKING? YES NO  
TAKEN A MORNING EYE OPENER? YES NO

DO YOU EXERCISE REGULARLY? \_\_\_\_\_ HOW OFTEN \_\_\_\_\_

DESCRIBE OVERALL HEALTH: GOOD ( ) FAIR ( ) POOR ( )

**REVIEW OF PROBLEMS: (CIRCLE WHAT APPLIES TO YOU)**

GENERAL: WT LOSS WT GAIN LOSS OF APPETITE FATIGUE WEAKNESS DEPRESSION  
HIGH BLOOD PRESSURE

SLEEP: INSOMNIA SLEEPINESS

HEAD: HEADACHE MEMORY PROBLEMS

EYES: VISION CHANGE EYE PAIN

EARS: EARACHES HARD WAX TROUBLE HEARING

NOSE: CONGESTION NOSE BLEEDS SINUS PROBLEMS

THROAT: TROUBLE SWALLOWING SWELLING GOITER

LUNGS: COUGH WHEEZING SHORTNESS OF BREATH

HEART: CHEST PAIN/PRESSURE IRREGULAR HEARTBEATS

BREASTS: LUMP DISCHARGE TENDERNESS

ABDOMEN: HEARTBURN ABD. PAIN CONSTIPATION DIARRHEA

**CHANGE IN STOOLS**

KIDNEY/BLADDER: BLOOD IN URINE PAIN BURNING LOSS CONTROL

FEMALES: DISCHARGE IRREGULAR BLEEDING

MALES: DISCHARGE HEMIA IMPOTENCE

JOINT/MUSCLE: PAIN STIFFNESS DEFORMITY WHERE: \_\_\_\_\_

GLAND: DIABETES THYROID TROUBLE

OTHER (NOT LISTED): \_\_\_\_\_

over →

HEADACHES:

Frequency: \_\_\_\_\_  
Location: \_\_\_\_\_  
Time of the day or night: \_\_\_\_\_  
Duration: \_\_\_\_\_

HEALTH PREVENTION: (Write in year last done)

Tetanus \_\_\_\_\_ Flu shot \_\_\_\_\_ Pneumonia vaccine \_\_\_\_\_  
TB test \_\_\_\_\_ Eye exam \_\_\_\_\_ Sigmoidoscopy \_\_\_\_\_  
Rectal exam \_\_\_\_\_ PAP smear \_\_\_\_\_ Mammogram \_\_\_\_\_  
Chest x-ray \_\_\_\_\_ EKG \_\_\_\_\_ Cholesterol \_\_\_\_\_

PAST MEDICAL HISTORY:

(List operations, injuries and illnesses)

Problem	Year	Physician or Hospital
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

CURRENT MEDICATIONS:

NAME	DOSAGE (MGS)	HOW MANY TIMES A DAY	HOW LONG
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

\* ALLERGIES: \*

Are you allergic to any drugs or medications? \_\_\_\_\_  
Any side effects to any drugs? \_\_\_\_\_  
Name of drug and describe reaction: \_\_\_\_\_  
\_\_\_\_\_

FAMILY HISTORY:

Has any family member had (circle all that apply)

Diabetes                      Heart attack                      Breast cancer                      Stroke  
Colon cancer                      Seizure (epilepsy)                      High blood pressure

Put in age or age of death and health for each family member:

Father \_\_\_\_\_ Mother \_\_\_\_\_  
Brother \_\_\_\_\_ Sister \_\_\_\_\_  
Brother \_\_\_\_\_ Sister \_\_\_\_\_  
Brother \_\_\_\_\_ Sister \_\_\_\_\_  
Child \_\_\_\_\_ Child \_\_\_\_\_  
Child \_\_\_\_\_ Child \_\_\_\_\_  
Child \_\_\_\_\_ Child \_\_\_\_\_

\* IN CASE OF EMERGENCY, PLEASE NOTIFY: \*

(Someone who does not live with you)

Name: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
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